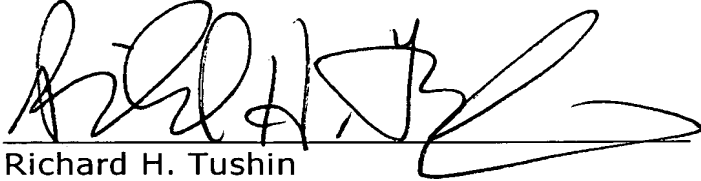


REMARKS

By this Preliminary Amendment the specification has been amended
to refer to parent application Serial No. 09/164,361. Entry is requested.

Respectfully submitted,

DYKEMA GOSSETT PLLC

A handwritten signature in black ink, appearing to read 'Richard H. Tushin', written over a horizontal line.

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[illegible]

The present invention relates to an apparatus for physical training of persons that includes a work-out device to be actuated with the legs.